

Incorporating after the bell (ATB) breakfast in the classroom (BIC) into your monthly teachers' meetings

Several school communities have found it helpful to re-visit conversations around ATB BIC during monthly teacher meetings throughout the year. Doing so creates a forum for:

- Re-visiting the importance of this school breakfast program: ***ATB BIC fuels student academic achievement, good health, and social-emotional well-being.***
- Examining program successes and challenges that lead to continuous ATB BIC improvement.
- Discussing program myths/misperceptions.

Following is a list of monthly activities to consider incorporating into your school's monthly teacher meetings. All presentations, handouts, and reports are available on the www.EosFoundation.org website.

Month	Action and associated downloadable tools
August	- In-service presentation with Teacher's Guide Handout
September	- Article share: "Why you should support school breakfast, even if your kid eats at home" - Report share: MA School Breakfast Report Card, released April 2017
October	- September breakfast participation report (produced by your School Nutrition Director) - September nurse report compared to year prior (produced by your School Nurse) - Eos Foundation \$500 Healthy Start Award opportunity
November	- Share a video of ATB BIC and encourage your school to develop one of your own to share with the Superintendent and/or at a School Committee meeting - October breakfast participation and nurse report - Reminder: \$500 Healthy Start Award opportunity
December	- Article share: "Common myths about school breakfast" - November breakfast participation and nurse report - Reminder: \$500 Healthy Start Award opportunity - Flag School Breakfast Week (March 5-9, 2018) for possible event at your school
January	- Article share: "Eating breakfast - even twice - is truly the healthier choice" - Monthly participation and nurse report - Reminders: \$500 Healthy Start Award opportunity & School Breakfast Week 3/5-3/9
February	- Report share: FRAC's National School Breakfast Report Card released - Monthly participation and nurse report - Reminders: \$500 Healthy Start Award opportunity & School Breakfast Week 3/5-3/9
March	- Monthly participation and nurse report - Reminders: \$500 Healthy Start Award event 5/3/18 & School Breakfast Week 3/5-3/9
April	- Monthly participation and nurse report - Reminders: \$500 Healthy Start Award event 5/3/18
May	- Monthly participation and nurse report - Reminders: \$500 Healthy Start Award event 5/3/18
June	- Monthly participation and nurse report - Report share: MA School Breakfast Report Card, released end of May 2018